

High Close School

Physical Education

Journey



Qualification to provide opportunities for further study



Exams / submission of evidence portfolio

Opportunities for social and competitive sport to improve skills such as communication.

Promoting lifelong participation
Application of theoretical knowledge with sporting context

Enjoyment and promotion of healthy active lifestyle underpinning every lesson



End of unit assessments

Students choose the activity/sport for their lesson

Competitive game play scenario's to develop critical thinking

End of unit assessments

Final experience of Festival of Sport.

YEAR 11

Develop Critical thinking and Problem Solving
Introduction to theoretical knowledge with sporting context

Start GCSE/Aimvoc practical and theory lesson

Entry Level qualification (optional) – practical and analysis assessment



Baseline assessment.



Festival of Sport.

YEAR 10

Students have more ownership of the activities/sport

End of year 9 options to study PE at KS4.

An understanding of strategy and outwitting opponents.

Practice more advance sport specific skills.



Baseline assessment.

YEAR 9

Festival of Sport.

Develop students' leadership and teamwork skills



Continue to implement rules and begin to understand tactics in competitive play



Team and leadership skills and a good knowledge of the rules across a number of sports.



Baseline assessment.

Developing skills and embedding knowledge

YEAR 8

Continue to recap, secure and develop sport specific core concepts across a variety of sports.



Introduction to extra-curricular & fixtures.



Introduction to health and wellbeing – Gym induction.



Festival of Sport.



Baseline assessment.

YEAR 7



Festival of Sport.



Establishing fundamental movement skills and broadening sporting experience.



Creating healthy habits and broadening experiences



Swimming Lessons.

Creating a love of PE and developing motor competence through a variety of sports

Rowan



Introduction to a variety of sports learning the fundamental movements of running, hopping, throwing, catching, striking and kicking.